**.**  **Optimum Health & LIFE Performance Centers**

***OPTIMIZE YOUR HEALTH AND MAXIMIZE LIFE PERFORMANCE***

**We Are Comprised Of A Very Successful Team Of Experienced;**  **Wellness *Coaches, Natural Health Care Practitioners, Physical Training Experts****,* ***Rehabilitation Specialist****,* ***Martial Arts Trainers & Instructors******&******Supplemental* Nutrition - Sales Consultants Who Will Undoubtedly Enhance Your View Into Not Only Well Being, Fitness & Athletic Performance, But Collectively The Astronomical "SPORT OF LIFE" Itself. *LOOK, FEEL, AND PERFORME BETTER THEN YOU EVER THOUGHT POSSIBLE TODAY…***

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**@ 1’*SPORT OF LIFE*, YOU WILL FIND;**

* **Natural Healing Consultants**
* **Naturopathic Doctors & Other Natural Health Care Practitioners *"Address The Underlining Causes,*  *Not The Symptoms*”…*N***
* **Nutritionist**
* **Master Herbalist**
* **Personal Trainers & Fitness Instructors**

**\* No Matter 90 minutes, 60, or even 10.. “*SO NO MORE EXCUSES”***

* **Sports Specific Training (*"Train The Way You Play")***
* **Strength & Conditioning Coaches**
* **Traditional Martial Arts Instructors**

**\* Tae Kwon Do**

**\* Brazilian Jujitsu**

**\* Kajukenbo**

**\* Kenpo Karate**

**\* Kung Fu San Soo**

**\* …And More…**

* **(Mixed Martial Arts) Training & Coaching**
* ***G’NAMIC Elite Strike Force***
* **\* Boxing (American & Chinese)**
* **\* Kick Boxing (American & Muay Thai)**
* **\* Submission Wrestling/Grappling**
* **\* Ground & Pound**

**WE DEVISE CUSTOM PROGRAMS CONSISTING OF;**

* **Age Defying Anti-Oxidization Formulas**
* **Muscle Structuring Amino Acids**
* **Bone Reconditioning Calcium Formulas**
* **Digestive Health**
* **Energy & Vitality**
* **Waste Moving Fiber Supplements**
* **Gourmet Herbal Tea Blends**
* **Sport Of Life - News Letter**
* **Heart-Healthy Formulas**
* **Joint & Cartilage Repair**
* **Women's Health**
* **Men's Health**
* **B-Complex Formulas**
* **Weight Management**
* **Herbal Supplements**
* **Mental - Health & Performance**
* **Mineral Formulas**
* **Dialysis Replenishment Formula**
* **Elite Multi-Vitamins & Mineral Formulas**
* **Natural & Whole Food Supplements**
* **Nutritional Hair-Care**
* **Nutritional Skin-Care**
* **Protein Supplements**
* **Healthy Sleep Support**
* **Sports Performance Nutrition**
* **Targeted Goal Specific Multi-Nutritional Program Kits**
* **Superior Immune Boosting Formulas With Vitamin C**
* **Cell Repairing Vitamin D Formulas**
* **Cell Protecting Vitamin E Formulas**
* **Life Extension Anti-aging Formulas**
* **Supper Green Food Formulas**
* **Phytonutrients**
* **Trace Minerals**
* **Real Fruit Power & Vitality Smoothies (available for clients only) in store**
* **Fresh Raw Organic Supper Green Drink (available for clients only) in store•**
* **Natural Healing Herbal Formulas And Protocols**

** 1’*SPORT OF LIFE &***

**G’NAMIC - *Elite Strike Force***

**Apparel Also Available…**

**\*FREE COUNSULTATIONS\***

**Get Off Prescription Drugs & Successfully Battle Ailments Like;**

**High Blood Pressure**

**High Cholesterol**

**Diabetes**

**Cancer**

**HIV & AIDS**

**Lupus**

**Fibromyalgia**

**Herpes**

**Anemia**

**Arthritis**

**…And Many, Many More...........**

**Pay-As-U-Go 4 Elite 1-On-1 ($50) Per Session Group Rates Per Person; 2-4 ($40) or 5 Plus ($15)**

**OR**

**Become A Monthly Member, @ 1 Low Rate, And Receive An Amazing Comprehensive Customized Program Featuring;**

**FREE** - **Customized Meal Planning**

**FREE** - **Vitamins, Minerals, Herbs, Customized Condition Specific- Natural Performance**

**Enhancement- Weight Loss, and many other Supplements.**

**FREE** - **Access To Our** **24hr Member Nutrition, Health Related Q&A, Meal Regiment Options, Healthy**

**Recipes From All Over The World, Natural Healing Aids & Protocols and Other Continued**

**Related Educational News Updates Support Network. (via phone, online and/or email)**

**U Will Also Receive A FREE Membership Into G’NAMIC- *Divisions Group* Including The Following Additional Monthly Member Advantages**

**\* FREE \*** - **Additional Training Sessions** … **Tae Kwon Do Class (1 per month)** … **Jujitsu Class (1 per month) … CQC -Close Quarters Combat [Law Enforcement & Military Influenced]- (1 per month)**

**\* FREE \*** **Vehicle Diagnostics (unlimited)**

**\* FREE \*** **Oil Changes (2-4 per year)**

**\* FREE \* Menu Options @ Participating Network Restaurants (1 visit per month)**

**\* FREE \*** **Cosmetology & Spa Services … Hair Spa Wash & Conditioner (1 per month) … Herbal Growth Stimulating Hair & Scalp Treatments (1 per month)**

**\* FREE \*** **Organic & Natural Soaps, Lotions, Creams, Face Bars, Body Oils & More...**

**\* FREE \* Academic Tutoring, Foundational Health Education, Dance, Vocal, Music, Instruments, & … Other Performing Arts lessons For Your Child (5 To 20 Instructions/Lectures per month)**

**\* PLUS \* ...Dozens Of Other FREE & DISCOUNTED Products And Services Still To**

**Come Within Our Always Growing Network Of Goods & Service Providers**

**\*Membership Requires A Minimum 3 Month Commitment\***

**JOIN TODAY** **@ One Of The Following:**

***1’ SPORT OF LIFE* – Health & Fitness Training Center @ BLACK BELT Institute Located @**

**13933 Hawthorne Blvd. Hawthorne, Ca. 90250 Phone: (310) 502-4861**

[**www.1sportoflife.com**](http://www.1sportoflife.com)

If You Know Of Some One Who Is Ill Stricken With **Viruses**, **Diseases**, **Disorders**, **Crippled By Prescription Drugs**, **An Elderly Whom Is With Poor Quality Of Life** Or **Individuals Who Simply Want To Look & Feel Better. Please Share With Them Our 1’*SPORT OF LIFE* - Message**

***1‘LIFE PROSPERTY*…**